

"The Slurry"

Here are the much requested instructions for how to make and take the Slurry herbal drink Dr Klinghardt recommends for many biotoxin related symptoms.

I have found using an emersion blender, i.e. the stick blender much easier to use and clean to make this drink.



In a cup with a base wide enough to fit your blender into place the following:

- 6-8 oz of grapefruit juice
- Open 2-4 caps of Artemisin
- Open 2 caps of Klair Labs Interfase enzyme mix (the one without EDTA)
- 1 teaspoon Phospholipid exchange or equivalent product
- 1 teaspoon organic powdered turmeric
- $\frac{1}{2}$ teaspoon organic ground black pepper
- 2-4 droppers full of BioPure Quintessence: a mix of Japanese Knotweed, Red Root, Smilax, Stephania Root and Andrographis

Mix well and drink on an empty stomach. As always remember "start low and go slow", the above is the dosage you should work up to, many people are too ill to start at full dose.