

KPU (krypto-pyrole-uria) protocol

Zinc Picolinate- 150-200 mg per day

Manganese - 10-25 mg per day

P-5-P/ or B6 (depending on how they test) - 50 mg per day

Biotin - 10 mg per day

Evening Primrose Oil - 3 caps per day

Detox support: test to determine which is best (Detoxamin/ DMSA/ DMPS/ OSR/ Micro silica/ etc); often a combination of these is used simultaneously.

The above list is the core of the program, but the following things are tested to determine additional support necessary for each individual:

Chromium 454 - 1 cap with each meal

Copper - 2 mg per day

Vitamin E - at least 400iu/day mixed tocopherols